

# Praying ACTS

Every week for four weeks, Kids Church are going to learn about prayer by using the word ACTS!

Memorise: Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.  
Philippians 4:6-7

CHALLENGE

In prayer, think about the things you need (not want) and ask God for them. This could be for yourself or for a friend, for health and more!

## Supplication

Supplication is a fancy word for a request, or asking God for something in prayer. This is probably the easiest part of prayer for us because it is about us asking God for something.

However, it's important to remember that supplication should be asking God for something we need, rather than something we want. We might want a new puppy or toy but we don't need it. Think about what you need and spend time in prayer with God asking for it. He's there to listen.

## Activity

Write need and want on a piece of paper.  
Draw things you want to ask God for as a reminder of what to pray for.

## Bible Story of the Week

John 17

ADORATION

CONFESSION

THANKSGIVING

SUPPLICATION